

## Dr. Itkin Neurologic and Headache Clinic S.C.

## **HEADACHE QUESTIONNAIRE**

Name:	Date:
General and Aura	
Approximately how old were y	ou when you started to suffer headaches?
Do you have any of the follow onset?	ring warning symptoms (1-12 hours before pain
Elation/Irritability depress	sion drowsiness hunger thirst
Light sensitivity	
Do any symptoms typically co	me a few minutes before a headache?
Decreased hearing visual d	listurbance pins & needles numbness
Double vision disturbed sp	eech confused thinking dizziness
Noise in the ears  Incoording	nation 🗌
If checked, please specify:	
The Headache	
Mark the answer that best de	scribes the pain you experience.
Pressure/tightening eye re	edness eye tearing nasal congestion
Throbbing/pulsating burni	ng/stabbing Doring/bursting D
Other:	

Is the headache usually so severe as to stop you from performing your usual activities i.e. work, school, family life, etc.?
Yes No
Spatial Characteristics
Where in your head do you feel the pain?
Eye forehead temples back of head allover/all around
Not localized
Do you feel pain on one side or on both?
One Both
If on one side, is it always on the same side?
Yes No No
If on both sides, does the pain start on one side?
Yes No No
Precipitants
Do any of these factors trigger a headache?
Odors  change in weather  time of the year  loss of sleep
Allergens menses flicker/glare sleep excess hunger
Jaw clenching relaxation after stress sexual activity smoking
Head neck movement exercise fatigue emotion eye strain
Stress

## **Time Characteristics**

		many days of work or school have you missed in the last ache?	t month because of
)		1 2 or more	
		Fill this out to see if you may have Chronic	Migraine
	A.	How many days in the past month did you spend with migraine? Include all days with any headache pain of a those days you didn't feel you needed to take any med only took an over-the-counter-medication.	ny kind, even
	В.	How many days in the past month did you spend without Headache pain of any kind (headache free days)	out ANY
		Did any of your headaches/migraines last more Than 4 hours if you didn't treat them?	Yes No No
		Have you ever been diagnosed as having chronic Headaches (including chronic tension-type headaches or chronic sinus headaches)?	Yes No
		Have you ever been diagnoses as having migraines?	Yes No
		Do your headaches/migraines impact your daily life:	Yes No No
		Rate the Impact of your headaches/migraines on your daily life?	
		1	10 (severe)

How many days in the past month have your	
Headaches/migraines severely affected your daily life:	
Check here if you answered "yes" to both 1 and 2 and at leas	t one
other question. You may have Chronic Migraine.	
For woman only:	
Has pregnancy affected your headaches? Are you currently preg	nant?
Yes No No Yes No	
Are you taking birth control pills?	
Yes No	
Onset of menses:	
Are you menopausal? Yes No If yes has your headache p	oattern
changed? Explain:	
Are your headaches worse around your menstrual cycle?	
Yes No	
Past Health	
Head injury neck injury arthritis hypertension sei	izures 🗌
Blood disorders sinus disease dental disease stroke	
Heart problems jaw/joint problems eye/ear problems	]
Asthma meningitis allergies kidney stones blood	clots 🗌
Other:	
Specify:	
Previous Testing (please give date and results)	
Brain MRI Cervical Spine Xrays	
Brain Cat ScanSinus Xrays	
EEG Angiogram	

name, date, and results)	
dache Specialist	
ИТ	
•	
	_
Acupuncture	
Allergy testing	
	dache Specialist/ //T /e Exam Allergist

## **NEUROLOGIC AND HEADACHE CLINIC, S.C.**

### **MEDICATION HISTORY FORM**

Please check medications you have tried, if they worked and indicate side effects (explain below).

#### **Over the Counter** Side Side effects Worked effects Worked Drug Yes No Yes Drug Yes No Yes Acetaminophen Tylenol Aspirin Free Excedrin Aleve Excedrin Migraine Anacin ☐ Ibuprofen (Motrin, Advil, etc) Aspirin Explain: Herbal Side Side Worked effects Worked effects Herbal Yes No Yes Herbal No Yes Yes Feverfew Petadolex (butterbur) Magnesium Oxide Vitamin B2(riboflavin) Explain: **Prescription Pain Medication** Side Side Worked effects effects Worked Yes No Yes No Yes Drug Drug Yes Demerol (Meperidine) П Naproxen Sodium (Anaprox, Naprelan, Naprosyn) Esgic (Acetaminophen Norgesic, Norgesic Forte, **Butalbital Caffeine)** Norflex, Tylenol #3 or #4 Esgic Plus (Acetaminophen, Oxycontin Buralbita V Caffeine Fioricet (Butalbital, Percocet, Percodan, Acetaminophen, Caffeine Tylox (Oxycodone) Fiorinal (Aspirin, Butalbita V Phrenilin (Butalbita V Caffeine) Acetaminophen Fiorinal/Fioricet with Stadol Nasal Spray Codeine/Fiorinal #3 Lidoderm Patch Toradol (Ketorolac) tabs, injection Methadone (Dolophine) Ultram (Tramadol) Ultracet П Morphine IV/IM MS Contin, Vicodin, Vicoprofen, Kadian, Avinza Lorcet (Hydrocodone)

Explain:

### **Headache Medications**

	Worl	ked	Side effects		Work	ed	Side effects
Drug  Amerge (Naratriptan)	Yes	No □	Yes	Drug  Maxalt (Rizatriptan) table or	Yes	No	Yes
Axert (Almotriptan)				IVILT dissolves)  Midrin(Isometheptene,			
CafergotTab, supp.,				dichloralphenazone)  Migranal Nasal Spry			
CafergotPB supp.  Cambia				Relpax (eletriptan)			
☐ DHE IV, IM ☐ Ergomar SL ☐ Frova( frovatriptan)				☐ Sumavel Dose Pro ☐ Treximet ☐ Zomig(Zolmitriptan) or ZMT (dissolves), nasal spray			
Imitrex (Sumatriptan) tablets nasal Spray & injections Explain:							
	Δnti-	inflam	ımatorv N	/ledications			
	,		_	ricultations			Side
	Worl		Side effects	redications	Work	ed	Side effects
Drug			Side	Drug  Norgesic, Norgesic Forte,	Work Yes	ed No	
Drug  Arthrotec Celebrex (Celecoxib) Demerol (Meperidine)	Worl	ked	Side effects Yes	Drug  Norgesic, Norgesic Forte, Norflex, Tylenol #3 or #4  Oxycontin Percocet, Percodan,			effects Yes
☐ Arthrotec ☐ Celebrex (Celecoxib) ☐ Demerol (Meperidine) ☐ Esgic(Acetaminophen	Worl	ked	Side effects Yes	Drug Norgesic, Norgesic Forte, Norflex, Tylenol #3 or #4 Oxycontin Percocet, Percodan, Tylox (Oxycodone) Phrenilin			effects Yes
Arthrotec Celebrex (Celecoxib) Demerol (Meperidine)  Esgic(Acetaminophen Butalbital Caffeine) Esgic Plus (Acetaminophen,	Worl	ked	Side effects Yes	Drug Norgesic, Norgesic Forte, Norflex, Tylenol #3 or #4 Oxycontin Percocet, Percodan, Tylox (Oxycodone)			effects Yes
Arthrotec Celebrex (Celecoxib) Demerol (Meperidine)  Esgic(Acetaminophen Butalbital Caffeine)	Worl	ked	Side effects Yes	Drug  Norgesic, Norgesic Forte, Norflex, Tylenol #3 or #4  Oxycontin Percocet, Percodan, Tylox (Oxycodone) Phrenilin (ButalbitaVAcetaminophen)			effects Yes
Arthrotec Celebrex (Celecoxib) Demerol (Meperidine)  Esgic(Acetaminophen Butalbital Caffeine) Esgic Plus (Acetaminophen, BuralbitaVCaffeine Fiorinal/Fioricet with	Worl	ked	Side effects Yes	Drug Norgesic, Norgesic Forte, Norflex, Tylenol #3 or #4 Oxycontin Percocet, Percodan, Tylox (Oxycodone) Phrenilin (ButalbitaVAcetaminophen) Stadol Nasal Spray Toradol (Ketorolac) tabs, injection Ultram (Tramadol) Ultracet Vicodin, Vicoprofen,			effects Yes
Arthrotec Celebrex (Celecoxib) Demerol (Meperidine)  Esgic(Acetaminophen Butalbital Caffeine) Esgic Plus (Acetaminophen, BuralbitaVCaffeine Fiorinal/Fioricet with Codeine/Fiorinal #3 Lidoderm Patch	Worl	ked	Side effects Yes	Drug Norgesic, Norgesic Forte, Norflex, Tylenol #3 or #4 Oxycontin Percocet, Percodan, Tylox (Oxycodone) Phrenilin (ButalbitaVAcetaminophen) Stadol Nasal Spray Toradol (Ketorolac) tabs, injection Ultram (Tramadol) Ultracet			effects Yes

# **Blood Pressure Medications**Side

Drug Atenolol (Tenormin) Benicar (Olmesartan) Bystolic Cozaar, Hyzaar	Work Yes	ed No	effects Yes	Drug Losartan  Meoprolol (Lopressirm Torol XL) Nadolol (Cofard) Verapamil (Calan,	Work Yes	ed No	effects Yes
☐ Inderal (Propranolol) Explain:				Coveas HS)			
			CGRP				
Drug Injectables Aimovig Ajovy Emgality Explain:	Work Yes 	ed No	Side effects Yes	Drug Oral	Work Yes	ed No	Side effects Yes
	Δni	ti-Den	ressant Me	edications			
	All	п Бер	Side	dications			Side
	Work	ced	effects		Work	ed	effects
Drug  Cymbalta (Duloxetine)  Desipramine (Norpramin)  Doxepin (Sinequan)  Effexor (Venlafaxine)  Elavil (Amitriptyline)  Lexapro (Escitalopram)  Pamelor (Nortriptyline,  Aventyl)	Yes	No	Yes	Drug Pristiq Prozac (Fluoxetine) Remeron (Mirtazapine) Trazodone (Desyrel) Viibryd Vivactil (Protriptyline) Wellbutrin (Bupropion)	Yes	No	Yes
Paxil (Paroxetine) Explain:				Zoloft (Sertraline)			
·							

## **Anti-Seizure Medications**

Drug Depakote Keppra Neurontin (Gabapentin) Explain:	Worked Yes No	Side effects Yes	Drug Topamax (Topiramate) Trileptal (Oxcarbazepine) Zonegran	Worked Yes No	Side effects Yes
	Mood Stak	lizer Med	ications		
		Side			Side
	Worked	effects		Worked	effects
Drug Abilify Lamictal (Lamotrigine) Lithium (Eskalith, Lithobid) Explain:	Yes No	Yes	Drug Saphris Seroquel (Quetiapine) XR Zyprexa	Yes No	Yes
Drug     Flexeril (Cyclobenzaprine)     Parafon Forte     (Chlorzoxazone)     Skelaxin (Metaxalone)  Explain:	Worked Yes No	Side Side effects Yes	ications  Drug Soma (Carisoprodol) Zanaflex (Tizanidine)	Worked Yes No	Side effects Yes
	<b>Anti-Na</b> Worked	sea Medio Side effects	cations	Worked	Side effects
Drug Compazine (Prochlorperazine)	Yes No	Yes	Drug ☐ Tigan  (Trimethobenzamide)	Yes No	Yes
Phenergan (promethazine)			Zofran (Ondansetron)		
Reglan (Metoclopramide) Explain:					

**Anxiety Medications** Side Side Worked effects Worked effects Drug Yes No Yes Drug Yes No Yes Ativan (Lorazepam) Valium (Diazepam)

Buspar (Buspirone)  Klonopin (Clonazepam)  Explain:			Xanax (Alprazolam)		
	Coi	ticosteroio	ds		
		Side			Side
	Worked	effects		Worked	effects
Drug	Yes No	Yes	Drug	Yes No	Yes
☐ Decadron ☐ Medrol	HH	H	Prednisone Solu-medrol PO, IV	H	H
Explain:					
LAPIdIII.					
	Other Medic	ations or T	reatments		
		Side			Side
	Worked	effects		Worked	effects
Drug	Yes No	Yes	Drug	Yes No	Yes
Botox (Botulin Toxin)			Trigger Point Shot		
			(Occipital Block)		
Explain:					
Attention d	leficit hypera	-	sorder / ADD Medications		
		Side			Side
_	Worked	effects		Worked	effects
Drug	Yes No	Yes	Drug	Yes No	Yes
Adderall (Adderall XR)	HH	H	Intuniv	H	H
Dexedrine Concerta	HH	H	Ritalin		H
Focalin (Focalin XR)	HH	H	Vyvanse		Ш
Explain:					
- LApidini.					
Fibromya	algia		Sleep Med	ication	
		Side			Side
	Worked	effects		Worked	effects
Drug	Yes No	Yes	Drug	Yes No	Yes
Ambien			Rozerem		
Lyrica (pregabalin)			Savella (Milnacipran)		
Lunesta					
Explain:					

## **Emergency Room Medications**

What medications worked in the emergency room: Ex	κplain:
What medications did not work in the emergency room:	Explain: